

**Designation:** Associate Professor

**Department:** Physiology

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## **Brief profile**

:: Contact Details

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## :: Educational Qualification :

Graduation: MBBS from Govt. Medical College Jammu, Jammu University in 1997

Post graduation: in the subject of Physiology from IGMC Shimla, H.P. University in

2008

:: Area of Interest : Cardiovascular Physiology

## :: Research & Projects:

Research in Progress:

1. Clinical predictors of Hypertension among first year medical students.

2.	Effect of Pranayam	on BMI	of Medical	students	with	increased	BMI &	k or
	elevated blood press	sure.						

Area of Specialization:

Member of Professional Bodies:

## :: Publications :

1. Effect of listening to Vedic Chants and Indian Classical Instrumental music on patients undergoing upper GI endoscopy : A RCT